

January 2010

All activities are FREE except open climb, thanks to support by NEC!

MON	TUE	WED	THU	FRI
4	5	6	7	8
11 ≤9 Climbing 6-8 pm	12 Football (3rd-6th grade) 4-5 pm	13 Open climb 6-8 pm	14 Wiffle Ball (3rd-6th grade) 4-5 pm	15 Soccer Grades 1,2: 4-5pm Grades 3-5: 5-6pm
18 10+ Climbing 6-8 pm	19 Football (3rd-6th grade) 4-5 pm	20 Gymnastics (3rd grade and up) 4-5 pm	21 Wiffle Ball (3rd-6th grade) 4-5 pm	22 Soccer Grades 1,2: 4-5pm Grades 3-5: 5-6pm
25 ≤9 Climbing 6-8 pm	26 Football (3rd-6th grade) 4-5 pm	27 Gymnastics 4-5pm (3rd grade and up) Open climb 6-8 pm	28 Wiffle Ball (3rd-6th grade) 4-5 pm	29 Soccer Grades 1,2: 4-5pm Grades 3-5: 5-6pm
	Activities	will in February.	continue	

AFTER SCHOOL PROGRAMS

AT THE
NOME RECREATION
CENTER



DETAILED

≤9 Climbing 10+ Climbing

Instructed by:

Phillip Bonner and
Andrew Gustafson

Enrollment suggested for
10+ and <10. Call Jeremy
at 443-5431.

Open Climb*

All ages welcome, kids
and adults. All experi-
ence levels welcome.

Parents are encouraged to
participate, especially
with younger children.

\$4 Admission
\$1 Climbing shoes
(required)

Football

Instructed by:

Jeremy Master

Grades 3 - 6 only

Two-hand touch foot-
ball on the gymnasium
floor.

Pass, catch, run,
block, trick plays.
We'll incorporate it
all.

Jeremy will bring his
whistle and serve as
referee.

No enrollment neces-
sary. Just show up!

Gymnastics

Instructed by:

Kelly Keyes

Grades 3 - 6 only

Learn jumps, hand-
stands, cartwheels,
roundoffs and more!

Incorporate dance
moves into gymnastics
routines.

Learn proper technique
to maximize gains in
strength and flexibil-
ity.

No enrollment neces-
sary. Just show up!

Wiffle Ball

Instructed by:

Jeremy Master

Grades 3 - 6 only

"Backyard baseball
brought inside!"

Sharpen those soft-
ball skills, and your
curveball.

Hitting, pitching,
fielding, baserunning
are all a part of our
version of this clas-
sic game.

No enrollment neces-
sary. Just show up!

Soccer

Instructed by:

Danielle Sylvester

Grades 1 and 2: 4-5pm
Grades 3 - 5: 5-6pm

"The World's Game"

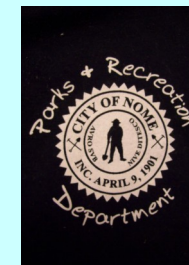
Skill building con-
tests and drills.

Burn off lots of
energy afterschool.

Play games, and learn
how to play offense,
defense, and goal-
tender.

No enrollment neces-
sary. Just show up!

Swim Lessons at the Nome Swimming Pool: Age 4 and up
Wednesdays starting 1/20-2/24: 5:00-6:30pm Call 443-5717 for details



City of Nome
Dept. of Parks and Recreation
Nome Recreation Center

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