

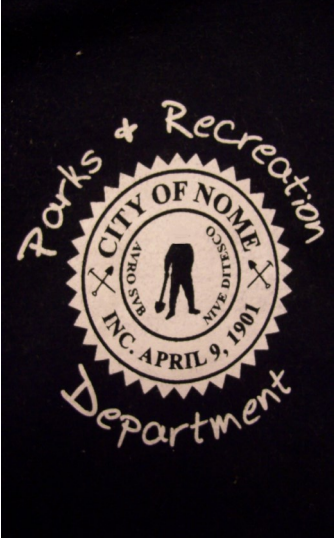


Nome Recreation Center
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To print out your own schedule, and to view other relevant info, please visit:

<http://www.nomealaska.org>



NOME RECREATION CENTER: OCTOBER 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00PM-8:00PM	5:30AM-10:00PM	5:30AM-10:00PM	5:30AM-10:00PM	5:30AM-10:00PM	5:30AM-10:00PM	12:00PM-6:00PM
			1 Open Gym: Kindergym: Open Gym: Spontaneous Sweat: REFIT W/ Kim:	2 Open Gym: City League Volleyball: Full Send (Spin Class): Tae Kwon Do: Brazilian jiu-jitsu: Open Bowling	3 Open Gym Free Kindergym: Open Gym: Drop-In Volleyball: Drop in Soccer: (Age15+) Strong Nation: REFIT W/ Kim: Open Bowling	4 Open Gym: Drop-In Volleyball: Yoga w/ Pete: Red Pin Bowling
5 Open Gym: So You Think You Can Dance? (Zumba):	6 Open Gym: Kindergym: Open Gym: City League Volleyball:	7 Open Gym: Drop in Soccer: (Age15+) Strong Nation: Tae Kwon Do: Brazilian jiu-jitsu:	8 Open Gym: Kindergym: Open Gym:	9 Open Gym: City League Volleyball: Full Send (Spin Class): Tae Kwon Do: Brazilian jiu-jitsu: Open Bowling	10 Open Gym Free Kindergym: Open Gym: Drop-In Volleyball: Drop in Soccer: (Age15+) Morning Muscle: REFIT W/ Kim: Open Bowling	11 PRIVATE GYM RENTAL: Open Gym: Drop-In Volleyball: Yoga w/ Pete: Red Pin Bowling
12 Open Gym: So You Think You Can Dance? (Zumba):	13 NRC is CLOSED for Indigenous Peoples' Day. No Open Gym, Showers, Sauna, Classes, Weight Room, or City League today. Village of Solomon's Indigenous Peoples' Day Celebration will take place in the Main Gym 4pm-8pm	14 Open Gym: City League Volleyball: NO INDOOR SOCCER TONIGHT Mad Muscles: Tae Kwon Do: Brazilian jiu-jitsu:	15 Open Gym: Kindergym: Open Gym:	16 Open Gym: NO CITY LEAGUE VOLLEYBALL TONIGHT. GO OUT AND SUPPORT ARCTIC PINKIES TOURNAMENT!!! Full Send (Spin Class): Tae Kwon Do: Brazilian jiu-jitsu: Open Bowling	17 Open Gym Free Kindergym: Open Gym: PRIVATE GYM RENTAL: Drop in Soccer: (Age15+) Strong Nation: REFIT W/ Kim: Open Bowling	18 Open Gym: PRIVATE GYM RENTAL: Drop-In Volleyball: Yoga w/ Pete: Red Pin Bowling
19 Open Gym: So You Think You Can Dance? (Zumba):	20 Open Gym: Kindergym: Open Gym: City League Volleyball Playoffs:	21 Open Gym: City League Volleyball Playoffs: Drop in Soccer: (Age15+) Strong Nation: Tae Kwon Do: Brazilian jiu-jitsu:	22 Open Gym: Kindergym: Open Gym:	23 Open Gym: NO CITY LEAGUE VOLLEYBALL TONIGHT. GO OUT AND SUPPORT THE NANOOKS!!! Full Send (Spin Class): Tae Kwon Do: Brazilian jiu-jitsu: Open Bowling	24 Open Gym Free Kindergym: Open Gym: Drop-In Volleyball: Drop in Soccer: (Age15+) Strong Nation: REFIT W/ Kim: Open Bowling	25 Open Gym: PRIVATE GYM RENTAL: NO DROP-IN VBALL TODAY :(Yoga w/ Pete: Red Pin Bowling
26 Open Gym: So You Think You Can Dance? (Zumba):	27 Open Gym: Kindergym: Open Gym: City League Volleyball Playoff Semifinals:	28 Open Gym: City League Volleyball Championship!: Drop in Soccer: (Age15+) Strong Nation: Tae Kwon Do: Brazilian jiu-jitsu:	29 Open Gym: Kindergym: Open Gym:	30 Open Gym: Full Send (Spin Class): Tae Kwon Do: Brazilian jiu-jitsu: Open Bowling	31 Open Gym Free Kindergym: Open Gym: Drop-In Volleyball: Drop in Soccer: (Age15+) Spooky Circuit: REFIT W/ Kim: Open Bowling	