

Registrations are due by January 9th.

GOLDEN STRIKE BOWLING ALLEY

CO-ED BOWLING LEAGUE

Team Registration Form

Please print neatly. Thank you.

Team Name: _____ Email: _____

Bowler 1. _____ Cell Phone#: _____

Bowler 2. _____ Cell Phone#: _____

Bowler 3. _____ Cell Phone#: _____

Bowler 4. _____ Cell Phone#: _____

Bowler 5. _____ Cell Phone#: _____

Bowler 6. _____ Cell Phone#: _____

The Mixed league is for teams of 4, any mixture of male and female. Each session, each team will be randomly paired against another team. This pairing is irrelevant to your individual pair's score. The score of your team will be recorded to determine the top teams weekly and for the whole league.

League Bowling will begin on January 21st and will end mid-May.

League nights are on Wednesday from 6:00pm – 10:00pm.

Cost per team: \$ 200 (This includes shoes and games)

I agree to participate in accordance with the rules and regulations of the Golden Strike Bowling Alley. I will follow the rules and regulations of the Golden Strike Bowling Alley, the league rules, and the instructions of the bowling alley manager. I will display good sportsmanship and will be responsible for my actions both on and off the lanes. I understand and accept the element of risk of physical injury through participation in the sport of bowling (including but not limited to muscle sprains and strains, lacerations, concussions, trauma, etc.) I further understand that I am participating in this league at my own risk. I further understand that there is no medical insurance provided by Golden Strike Bowling Alley, the Nome Recreation Center, the City of Nome Department of Parks and Recreation, or the City of Nome for this program. I am aware that, should I get injured, I am fully responsible for any and all medical costs that may arise because of participation in this program. I hereby release the Golden Strike Bowling Alley, the Nome Recreation Center, the City of Nome Department of Parks and Recreation, and the City of Nome and their agents, employees and volunteers from any and all liability arising from any injuries sustained, directly or indirectly, from participating in this league.

Bowler 1 Signature: _____ Date: _____

Bowler 2 Signature: _____ Date: _____

Bowler 3 Signature: _____ Date: _____

Bowler 4 Signature: _____ Date: _____

Bowler 5 Signature: _____ Date: _____

Bowler 6 Signature: _____ Date: _____

Nome City Bowling League Golden Strike Bowling Alley



1. League bowling will occur Wednesday nights from 6:00pm - 10:00pm.
2. The league will start January 21st and end in mid-May, running Wednesdays: January 21st- Mid May.
3. The minimum amount of teams is 6 and the maximum is 12.
 - a. If we do not have 6 teams by the end of registration on January 9th the League will be cancelled.
4. Fees:
 - a. **All fees must be paid in full by the end of the first night of league play.**
5. Teams must consist of at least 4 players. This is a mixed league. Players must be 18 years of age as of the first night of league play.
6. Each bowler will use the first 3 games to establish an average. Those averages will then determine the personal handicap for league play.
 - a. **MALE:** *A player's handicap will be the basis score (220) minus the player's average multiplied by the percentage factor (80%). {Ex: 220-170=50x.80=40HDCP}*
 - b. **FEMALE:** *A player's handicap will be the basis score (220) minus the player's average multiplied by the percentage factor (85%). {Ex: 220-170=50x.85=42HDCP}*
7. At least 2 members must be present and bowl each night to avoid a forfeit.
8. No late bowlers may join a game after the end of the 1st frame in any game.
9. The names on the roster are the only bowlers allowed for the team.
 - a. When an absence occurs, the absentee score will be the absent bowler's average minus 15 pins with a handicap based on the actual average.
10. All score sheets must be turned in at the end of the night.
11. This league does not compete for cash.
12. League Bowling will be scored based on a 4-point system every night: 3 games and total pinfall.
13. In the case of a tie for first place at the end of the league, the higher total pinfall will determine the winner.
14. Bowling Etiquette:
 - a. Be ready to bowl when the pins are set up, but wait for the machine to complete the cycle.
 - b. Observe one-lane courtesy. If both bowlers approach the lane, the go-ahead is given to the bowler on the right. Stay off the approach while waiting.
 - c. Taking too long to aim or get ready delays the game.
 - d. Try to remain in your approach area while taking your turn.
 - e. Step off the approach after delivering your ball.
 - f. Good bowling requires concentration. Have fun, but excessive noise or movement could distract another bowler. Be respectful of others bowling.
 - g. Excessive "lofting" hurts your game and the bowling lane.
 - h. Ask permission to use another player's bowling ball.
 - i. Refrain from using profane language or gestures.
 - j. Play to win, but use good sportsmanship when winning and losing.
 - k. Wet shoes are a safety concern. Please keep street shoes off the lanes and approach.